

EDIȚIA a V-a  
2-4 aprilie 2026



Prof. univ. dr.  
**DAN  
GHEONEA**

Coordonator științific  
GASTROENTEROLOGIE



Prof. univ. dr.  
**CĂȚĂLINA  
POIANĂ**

Coordonator științific  
ENDOCRINOLOGIE



Prof. univ. dr.  
**BOGDAN  
TIMAR**

Coordonator științific  
DIABET, NUTRIȚIE ȘI  
BOLI METABOLICE



Prof. univ. dr.  
**DRAGOȘ  
VINEREANU**

Coordonator științific  
CARDIOLOGIE

## Craiova Connects

Gastroenterologie&Diabet-Nutriție&  
Endocrinologie&Cardiologie&  
Medicina de familie



Zilele Cardiologiei  
Craiovene



# PRELIMINARY PROGRAM

Thursday 2<sup>nd</sup> of April 2026

## Research Centers

### 8:00 – 12:00 Hands-on Training

- Hands-on “Diabetes – Modern devices for glycemic control”
  - Mihaela Vladu, Diana Clenciu, Alina Popa
- Hands-on “Cardio – Advanced echocardiography”
  - Magdalena Gurzun, Ionuț Donoiu
- Hands-on “Gastro – Contrast enhanced and interventional liver ultrasonography”
  - Larisa Săndulescu, Mihai Sacerdoțianu
- Hands-on “Endocrinology – Contrast enhanced and interventional thyroid ultrasonography”
  - Alexandra Khalid

## Aula Magna

- **13.00-13.15 Official opening**
  - Dan Gheonea, Mihaela Vladu, Ionuț Donoiu
- **13.30-15.30 Prevention – the bases of modern medicine**
  - Dan Gheonea, Cătălina Poiana, Bogdan Timar, Dragoș Vinereanu,
  - Ovidiu Chioncel, Liana Gheorghe, Mircea Mănuc, Cristian Gheorghe, Gindrovel Dumitra

### 15.30-16.00 Coffee Break

- **16.00-18.30 Top conferences**
  - ***Artificial intelligence (AI) in Screening Endoscopy (ESGE Curriculum)***
    - Adrian Săftoiu
  - ***Diabetes in Romania – past, present and future***
    - Maria Moța
  - ***H. pylori still a concern in stomach diseases prevention?***
    - Cristina Cijevschi
  - ***Cardiology of the future: from drugs to devices***
    - Dragoș Vinereanu
  - ***IBD in Romania – can we prevent the cases burst?***
    - Cristian Gheorghe

# **GASTROENTEROLOGY**

**Friday 3<sup>rd</sup> of April 2026**

**08.00-09.30 Preventive Digestive Endoscopy: From Screening to Early Intervention**

**Chairmen: Marcel Tanțău, Eugen Dumitru, Mircea Mănuș**

*Screening colonoscopy: how to improve adherence and quality indicators*

Eugen Dumitru

*Quality in polypectomy and prevention of post-polypectomy complications*

Marcel Tanțău

*Training, certification, and quality control in preventive endoscopy programs*

Cătălin Sfarti

*Chronic gastritis: endoscopic surveillance and prevention of progression*

Daniela Dobru, Adina Andone

*Role of high-definition and AI-assisted endoscopy in early detection of GI neoplasia*

Sevastița Iordache

**09.30-11.00 Pancreas and Biliary Tract Diseases: Strategies for Early Detection and Prevention**

**Chairmen: Cristian Gheorghe, Andrada Seicean, Gabriel Constantinescu**

*Early detection of pancreatic cancer: who, when, and how to screen*

Bogdan Ungureanu

*Role of EUS in preventing delayed diagnosis of pancreatic and biliary malignancies*

Andrada Seicean

*TBD*

Carmen Preda

*Prevention of post-ERCP pancreatitis: current strategies and future directions*

Cristian Gheorghe

*Prevention of biliary complications after ERCP in high-risk patients*

Vlad Iovănescu

**11.00-11.30 Coffee Break**

**11.30-14.05 Educational Symposia**

**14.05-15.00 Lunch Break**

### **15.00-16.30 Science Behind Screening - LiveRO 4 (1)**

**Chairmen: Liana Gheorghe, Cora Pop, Anca Trifan**

*Metabolic-associated fatty liver disease (MAFLD): a growing preventive challenge*

Liana Gheorghe

*Prevention of steatotic liver disease progression: from steatosis to cirrhosis*

Anca Trifan

*Viral hepatitis elimination programs still needed? Lessons learned and future challenges for screening programs*

Corina Pop

*Early identification of advanced fibrosis: non-invasive tools and strategies*

Alina Popescu

*Prevention of liver-related complications through timely surveillance*

Dana Crişan

### **16.30-17.00 Educational Symposia**

### **17.00-17.30 Coffee Break**

### **17.30-19.00 Science Behind Screening - LiveRO 4 (2)**

**Chairmen: Roxana Şirli, Carmen Fierbinţeanu, Ion Rogoveanu**

*Lifestyle intervention as a cornerstone of liver disease prevention*

Larisa Săndulescu

*TBD*

Petruţa Filip

*Treatment of MASLD for advanced liver disease prevention*

Carmen Fierbinţeanu

*Preventing decompensation in cirrhosis: multidisciplinary approaches*

Ion Rogoveanu

*Hepatocellular carcinoma surveillance: improving early detection rates*

Roxana Şirli

## **Saturday 4<sup>th</sup> of April 2026**

### **08.00-09.30 Inflammatory Bowel Disease: Early Diagnosis and Preventive Strategies**

**Chairmen: Bogdan Mateescu, Alina Tanțău, Adrian Goldiș**

*Early diagnosis of IBD: preventing diagnostic delay and complications*

Bogdan Mateescu

*Colorectal cancer surveillance in IBD: current recommendations and pitfalls*

Alina Tanțău

*Mucosal healing as a preventive goal in inflammatory bowel disease*

Adrian Goldiș

*Preventing hospitalizations and surgery through early therapeutic optimization*

Theodor Voiosu

*Role of biomarkers and imaging in preventive IBD management*

Gheorghică Bălan

### **09.30-10.30 Educational Symposia**

#### **10.30-11.00 Coffee Break**

### **11.00-13.20 Educational Symposia**

#### **13.20-14.15 Lunch Break**

### **14.15-15.45 Long-term IBD Management: Preventing Complications and Disability**

**Chairmen: Mircea Diculescu, Cătălina Mihai, Lucian Negreanu**

*Treat-to-target strategies in IBD: preventing disease progression*

Mircea Diculescu

*Prevention of treatment-related adverse events in IBD patients*

Sergiu Cazacu

*Managing IBD in special populations: pregnancy, elderly, and comorbidities*

Cătălina Mihai

*Preventing disability and loss of quality of life in long-standing IBD*

Lucian Negreanu

*Patient education and adherence as key elements of prevention in IBD care*

Cristina Tocia

### **15.45-17.00 Multidisciplinary Cases Session**

**Chairmen: Mircea Diculescu, Cristina Tocia, Dan Nicolae Florescu, Mihai Sacerdoțianu, Petrică Popa**

**CARDIOLOGY**

## Friday 3<sup>rd</sup> of April 2026

### 08:30 – 09:30 Cardiovascular Prevention: From Risk Factors to Precision Strategies

Chairmen: Dragoş Vinereanu, Octavian Istrătoaie

*08:30 – 08:45 Alcohol and Cardiovascular Risk*

Constantin Militaru

*08:45 – 09:00 The Role of Genetic Testing in the Prevention and Early Treatment of Cardiovascular Diseases*

Anca Mihu-Marinescu

*09:00 – 09:15 Inflammation in Cardiovascular Diseases*

Maria Iovănescu

*09:15 – 09:30 Stroke prevention in atrial fibrillation: lessons learned and lessons not learned...yet*

Dragoş Vinereanu

### 09:30 – 11:00 Educational Symposia

#### 11.00-11.30 Coffee Break

### 11:30 – 12:30 Hypertension in 2026: Beyond Blood Pressure Numbers

Chairmen: Elisabeta Bădilă, Cristina Florescu

*11:30 – 11:45 Lost in Translation: When ESC Guidelines for Hypertension Don't Fit Our Clinic*

Elisabeta Bădilă

*11:45 – 12:00 The Paradox of Hypertension Today: The Main Factors Affecting Therapeutic Control*

Roxana Darabont

*12:00 – 12:15 Emerging Pharmacological Approaches in the Management of Arterial Hypertension*

Cristina Florescu

*12:15 – 12:30 Role of imaging in cardiovascular risk assessment in patients with hypertension*

Roxana Mustafa

### 12:30 – 13:00 Educational Symposia

#### 13.00-14.00 Lunch Break

### 14:00 – 15:00 Valvular Heart Disease: From Screening to Optimal Timing of Intervention

Chairmen: Bogdan A. Popescu, Constantin Militaru

*14:00 – 14:15 Severe secondary mitral regurgitation: how do we treat?*

Bogdan A. Popescu

*14:15 – 14:30 Tricuspid Valve and Right Ventricle - When Flow Is Too Much*

Magdalena Gurzun

*14:30 – 14:45 Cardiac MR in the Prognostic Assessment and Management of Valvular Heart Disease*

Sebastian Militaru

*14:45 – 15:00 Assessment of Perioperative Cardiac Risk in Valvular Interventions*

Mihaela Berceanu

**15:00 – 16:00 Educational Symposia**

**16.00-16.30 Coffee Break**

**16:30 – 17:45 Modern Decision-Making in Coronary Artery Disease: From Risk Assessment to Revascularization**

**Chairmen: Adrian Mereuță, Octavian Istrătoaie**

*16:30 – 16:45 TBD*

Adrian Mereuță

*16:45 – 17:00 Revascularization of Non-Culprit Lesions in Myocardial Infarction without Cardiogenic Shock*

Valentin Chioncel

*17:00 – 17:15 Total vs. conventional coronary artery bypass grafting in patients with low EF*

Grigore Tinică

*17:15 – 17:30 Normal Angiogram in Acute Coronary Syndrome - Pretest Risk Stratification and Angiographic Findings*

Eugen Țieranu

*17:30 – 17:45 Acute Coronary Syndrome in Cancer Patients*

Cristian Militaru

**Saturday 4<sup>th</sup> of April 2026**

**08:30 – 09:30 Contemporary Cardiac Surgery: Techniques, Indications and Outcomes**

**Chairmen: Grigore Tinică, Victor Raicea**

*08:30 – 08:45 Tirone David Procedure in Acute Type A Aortic Dissection*

Grigore Tinică

*08:45 – 09:00 Ascending Aortic Aneurysm - One Surgery Does Not Fit All*

Cătălin Badiu

*09:00 – 09:15 Ventricular Septal Defect Complicating Myocardial Infarction*

Victor Raicea

*09:15 – 09:30 Aortic Arch Replacement - "Nijmegen" Protocol*

Liviu Moraru

**09:30 – 11.00 Educational Symposia**

**11.00 – 11.30 Coffee Break**

**11:30 – 12:30 Heart Failure: Early Detection and Strategies to Prevent Disease Progression**

**Moderators: Daniel Lighezan, Octavian Istrătoaie**

*11:30 – 11:45 Obesity and Heart Failure: Marker or Comorbidity*

Daniel Lighezan

*11:45 – 12:00 Ultrasound Evaluation of Congestion - A Look Beyond Edema*

Ana Maria Balahura

*12:00 – 12:15 Acute Heart Failure in HFrEF – Characteristics and Management*

Răzvan Radu

*12:15 – 12:30 Balloon Pulmonary Angioplasty in Chronic Thromboembolic Pulmonary Hypertension*

Pavel Platon

### **12:30 – 13:00 Educational Symposia**

### **13.00 – 14.00 Lunch Break**

### **14:00 – 15:00 Advanced Cardiovascular Assessment: From Risk Factors to Established Disease**

**Chairmen: Ruxandra Beyer, Oana Munteanu-Mirea**

*14:00 – 14:15 The Role of Advanced Imaging in Early Identification of Asymptomatic Cardiovascular Disease and in Cardiovascular Prevention Strategies*

Diana Hădăreanu

*14:15 – 14:30 Left Ventricular Systolic Function: From Ejection Fraction to Myocardial Work - Novel Perspectives*

Ruxandra Beyer

*14:30 – 14:45 Cardiopulmonary Stress Test as a Tool for Early Diagnosis of Cardiovascular Disease*

Oana Munteanu-Mirea

*14:45 – 15:00 CMR in Hypertrophic Cardiomyopathy*

Raluca Tomoaia

### **15:00 – 16:00 Educational Symposia**

### **16.00-16.30 Coffee Break**

### **16:30 – 17:45 Cardiac Arrhythmias: Prevention of Complications and Personalization of Treatment**

**Moderators: Radu Vătăşescu, Georgică Târtea**

*16:30 – 16:45 The Role of Ablation Procedures in the Prevention of the Progression of Atrial Fibrillation and Heart Failure*

Radu Vătăşescu

*16:45 – 17:00 Risk Stratification in Patients with Genetic Cardiomyopathies*

Ioana Şuş

*17:00 – 17:15 Risk Stratification and Management in WPW Syndrome*

Adrian Ungureanu

*17:15 – 17:30 Prevention of Sudden Cardiac Death*

Emilia Goanţă

*17:30 – 17:45 From Arrhythmia to Heart Failure: The Role of the Pace and Ablate Strategy in Preventing Decompensation*

Georgică Târtea

# DIABETES & ENDOCRINOLOGY

**Friday 3<sup>rd</sup> of April 2026**

**08.00 - 09.00 Metabolism under pressure: stress and metabolic programming**

**Chairmen: Mihaela Vladu, Gabriela Radulian**

*Chronic disease - prevention and management*

Gabriela Radulian

*Beyond body mass index: the strategic role of the family physician in identifying and managing metabolic and nutritional risk*

Constantin Kamal

*Obesity prevention: from the early metabolic window to adult health*

Diana Protasiewicz – Timofticiuc

**09.00 – 10.20 Obesity in the XXI<sup>st</sup> century: between biology, stigmatization and metabolic risk**

**Chairmen: Maria Moța, Bogdan Timar**

*Illustrating the evolution of obesity in the history of art and culture. Can obesity be prevented?*

Maria Moța

*Obesity: from biology to behavior*

Bogdan Timar

*Obesity stigma*

Andreea Moroșanu

*From overweight to metabolic risk: obesity management in diabetes prevention*

Laura Mihalache

**10.20 - 10.50 Coffee Break**

**10.50 – 12.10 From overweight to metabolic disease: multidimensional approach**

**Chairmen: Alexandra Sima, Delia Reurean Pintilei**

*Obesity as a risk factor for century pathology*

Alexandra Sima

*Obesity - as a pathology of biomechanical overload*

Delia Reurean Pintilei

*Pancreatic steatosis - silent infiltration of an essential organ*

Mihaela Vladu

*From Calorie Restriction to Time Restriction: Complementary Strategies for Cardiometabolic Prevention*

Adina Mitrea

**12.10 – 13.00 Educational Symposia**

**13.10 – 14.00 Lunch Break**

**14.00 – 15.30 Insulin resistance in endocrine disorders: clinical perspectives and pathophysiological mechanisms**

**Chairmen: Cătălina Poiană, Dana Stoian**

*Menopause and metabolic risk: the role of insulin resistance*

Cătălina Poiană

*Insulin resistance model: polycystic ovary syndrome*

Dana Stoian

*Metabolic dysfunction in acromegaly: from gh excess to insulin resistance*

Iulia Burcea

*hypercortisolism in Cushing's syndrome: from hormonal imbalance to metabolic dysfunction*

Ramona Dobre

*Male hypogonadism and insulin resistance: endocrine interactions and metabolic impact*

Alexandra Khalid

TBD

Antoanela Curici

**15.45 – 16.55 Educational Symposia**

**16.55 - 17.15 Coffee Break**

**17.15 – 18.45 From hyperglycemia to cardiovascular protection: current paradigms**

**Chairmen: Romulus Timar, Doina Catrinoiu**

*Cardiovascular prevention in people with diabetes*

Romulus Timar

*Predicting and preventing heart failure in type 2 diabetes*

Doina Catrinoiu

*Beyond blood sugar: cardiometabolic risk prevention starts earlier*

Mihaela Popoviciu

*Atherosclerosis in diabetes: from pathophysiology to prevention and disease modification*

Oana Albai

**Saturday 4<sup>th</sup> of April 2026**

**8.00 – 9.40 Beyond classic parameters: modern assessment of the metabolic patient**

**Chairmen: Adina Mitrea, Mihaela Popoviciu**

*Adipocyte dysfunction and its neurovascular consequences: modern approaches to risk assessment in obesity and diabetes*

Diana Protasiewicz – Timofticiuc

*Diabetic neuropathy and auditory function. From project to an integrated screening and research protocol*  
Osman Andrei

*Prevention of mitochondrial dysfunction in diabetes mellitus*

Vlad Avram

*MASLD – liver prevention in metabolic diseases*

Adina Braha

*Endogenous endocrine disruptions in obesity*

Mihaela Popescu

#### **9.40 – 11.00 Diabetes and major risk factors: a strategic approach**

*Chairmen: Gabriela Radulian, Cristian Serafinceanu*

*Metabolic prevention beyond blood glucose: the role of body composition in early risk identification*

Maria Magdalena Roșu

*Smoking - A major threat to the diabetic patient*

Beatrice Mahler, Mădălina Moșteanu

*Non-proteinuric diabetic kidney disease*

Cristian Serafinceanu

*Diabetes and periodontitis - interrelationship and collaborative approach*

Petra Șurlin

*Diabetes – breeding ground for multidrug resistance? Bacterial spectrum and antibiotic resistance profile in patients with diabetes.*

Alice Elena Ghenea

#### **11.00 - 11.30 Coffee Break**

#### **11.30 – 12.50 Educational Symposia**

#### **13.00 – 14.00 Lunch Break**

#### **14.00 – 15.20 The complex diabetic patient: continuous prevention**

**Chairmen: Anca Pantea Stoian, Diana Clenciu**

*Prediabetes – the opportunity for early screening in the prevention of type 2 diabetes*

Anca Pantea Stoian

*Management of dyslipidemia in patients with type 1 diabetes mellitus*

Viviana Elian

*Nephrological, pulmonary and dermatological complications in MAFLD*

Vlad Pădureanu

*Sleep and stress – metabolic risk factors*

Diana Clenciu

#### **15.20 – 17.00 CASE REPORTS**

**Chairmen: Diana Protasiewicz – Timofticiuc, Maria Magdalena Roșu**

Theodora Claudia Radu Gheonea, Bianca Pîrvu, Liana Nicolaescu, Andreea Cioroianu

# **FAMILY MEDICINE**

## **Saturday 4<sup>th</sup> of April 2026**

### **08.00-09.30 Session 1: Prevention in primary healthcare**

**Chairmen: Constantin Kamal, Gindrovel Dumitra, Adriana Dogaru, Andrea Neculau**

*Core competency in primary care*

Constantin Kamal

*Levels of prevention.*

Mirela Radu

*Case management (case coordinator)*

Gindrovel Dumitra

*Continuity of care*

Codruța Gheorghe

*Framework contract – useful MF tools in recording prevention consultations*

Adriana Dogaru

### **9.30-11.00 Session 2: Lifestyle factors; obesity and cardiovascular prevention.**

**Chairmen: Cătălina Poiană, Daniel Lighezan, Gindrovel Dumitra**

*Management of Obesity: Collaboration between the Family Physician and the Endocrinologist.*

Cătălina Poiană

*Management of Obesity: Clinical case*

Alexandra Khalid

*Management of Hypertension (HTA) and Dyslipidemia: Collaboration between the Family Physician and the Cardiologist.*

Ovidiu Drăcea

*Management of Diabetes Mellitus: Collaboration between the Family Physician and the Diabetologist.*

Magda Roșu

*Metabolic Syndrome: Tools available to the Family Physician.*

Andrea Neculau

**11.00-11.30 Coffee Break**

**11.30-13.30 Educational Symposia**

**13.30-14.30 Lunch Break**

**14.30-16.00 Session 3: Oncological prevention hepatoma and colorectal cancer**

**Chairmen: Dan Gheonea, Larisa Săndulescu, Constantin Kamal**

*Oncological prevention tools in gastroenterology and hepatology*

Constantin Kamal

*Viral hepatitis screening program in the oltenia region*

Larisa Săndulescu

*Colorectal cancer screening program in the oltenia region*

Dan Gheonea

*The experience of a rural family physician in the roccas and livero projects*

Roxana Surugiu

*Prevention in primary care, case study*

Valentin Stan